



July 23, 2017

**IAGG Pre-Conference Workshop**

**Pain & Aging**

**Measurement, Mechanisms and  
Management**

**To register for this free workshop, go to:**

**[www.iagg2017.org/registration](http://www.iagg2017.org/registration)**

For more information or to join our mailing list, contact Jacquie Howard:

[jah3011@med.cornell.edu](mailto:jah3011@med.cornell.edu)



# An interactive one-day workshop featuring international leaders in pain and aging research

## The Workshop

### Pain and Aging: Measurement, Mechanisms and Management

Later life pain is a worldwide problem that adversely affects older adults in developed and developing countries. It is associated with substantial disability, characterized by reduced mobility, activity avoidance, increased risk of falls, and psychosocial morbidity, including depression, anxiety, and social isolation.

Chronic pain also poses a significant economic burden at a societal level. One analysis revealed that the annual cost of pain in the United States was nearly 30% higher than the costs of cancer and diabetes combined. Chronic pain conditions are also leading causes of disability. Low back pain is responsible for more years lived with disability than any other condition worldwide, and chronic pain conditions account for three of the top four causes of years lived with disability.

While chronic pain affects individuals across the lifespan, older adults are at increased risk, particularly from musculoskeletal and neuropathic pain disorders. Surprisingly, pain among older adults remains poorly understood, and there is an urgent need to inform practitioners, educators, and researchers about this increasingly important topic.

Sessions will address a wide range of topics in pain and aging, including epidemiology, biological mechanisms, psychosocial and behavioral contributions, and medical and non-medical management approaches.

Leading experts from around the world will provide timely and evidence-based information regarding pain and aging. The workshop includes abundant time for discussion and networking, with opportunity to interact with speakers and with each other.

# The Sessions

The workshop is divided into five sessions, each including a series of presentations and a generous moderated question and answer session to foster substantive interaction between attendees and presenters.

**Session 1:** Epidemiology and Assessment in Older Adults

<b>Epidemiology of Pain</b>
<b>Assessment of Pain</b>
<b>Assessing Pain Modulation</b>
<b>Panel Discussion</b>

**Session 2:** Biopsychosocial Contributions in Older Adults

<b>Pain and Depression</b>
<b>Pain and Cognitive Function</b>
<b>Disparities in Pain</b>
<b>Panel Discussion</b>

**Session 3:** Pain and Comorbidities in Older Adults

<b>Pain and Mobility/Falls</b>
<b>Sleep and Pain</b>
<b>Panel Discussion</b>

**Session 4:** Treatment in Older Adults

<b>Pharmacological Management</b>
<b>Non-Pharmacological Management</b>

**Session 5:** Incorporating Social and Behavioral Sciences into Pain Research

<b>A Life Course Perspective on Pain Research</b>
<b>Closing Comments. Conclusion &amp; Future Directions</b>

## Workshop Directors



**Roger Fillingim, PhD**  
University of Florida

Dr. Roger Fillingim is a Distinguished Professor and Director of the University of Florida Pain Research and Intervention Center of Excellence, and a Past President of the American Pain Society (APS). Dr. Fillingim studies biopsychosocial contributions to individual differences in pain, including the influence of aging on pain. He has authored more than 300 scientific articles and book chapters.



**Cary Reid, MD, PhD**  
Weill Cornell Medical College

Dr. Cary Reid is an Associate Professor and Director of the Office of Geriatric Research in the Division of Geriatrics and Palliative Medicine at Weill Cornell Medical College. Dr. Reid obtained his medical degree from the University of South Carolina. He completed internship, residency, and chief-residency training at Dartmouth-Hitchcock Medical Center in New Hampshire. He completed fellowship training in both clinical epidemiology and geriatric medicine at Yale University.

## Featured Speakers

**Tamara Baker, PhD**  
Director, Gerontology Program,  
University of Kansas

**Stephen Gibson, PhD**  
Deputy Director, National Ageing Research  
Institute (NARI), Melbourne, Australia

**Keela Herr, PhD, RN, AGSF, FGSA, FAAN**  
Professor and Co-Director,  
Csomay Center for Gerontological Excellence,  
College of Nursing, University of Iowa

**Benny Katz, MB, BS, FRACP**  
Director, Dept. of Geriatric Medicine,  
St Vincent's Hospital, Melbourne, Australia

**Miriam Kunz, PhD, PD**  
Assistant Professor, General Practice and Elderly  
Care Medicine, University of Groningen Medical  
Center, Groningen, The Netherlands

**Patricia Parmelee, PhD**  
Director, Alabama Research Institute on Aging,  
University of Alabama

**Joseph L. Riley III, PhD**  
Director, Pain Clinical Research Unit,  
University of Florida

**Patricia Schofield, PhD**  
Deputy Dean, Research & Income Generation,  
Anglia University, Chelmsford, UK

**Michael T. Smith, MA, PhD**  
Director, Center for Behavior and Health, Johns  
Hopkins University School of Medicine

**Elaine Wethington, PhD**  
Professor, Dept. of Human Development and Dept.  
of Sociology, Cornell University

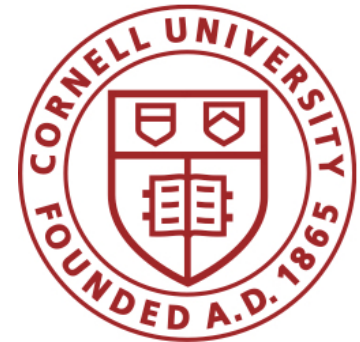
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**UF** Pain Research and Intervention  
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on Aging ■ ◆ ★ ✨



**IASP**

International Association for the Study of Pain  
Pain in Older Persons Special Interest Group



Bronfenbrenner Center  
for Translational Research

Save the Date: July 23, 2017

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[Jah3011@med.cornell.edu](mailto:Jah3011@med.cornell.edu) for access to materials from this workshop

